



# Southam Surgery

Stowe Drive, Southam, Warwickshire, CV47 1NY

Telephone: 01926 815842. [www.thesouthamsurgery.co.uk](http://www.thesouthamsurgery.co.uk).



## Novel Coronavirus

Recently in the news you will have heard a lot of information about novel coronavirus, also known as covid-19.

If you have concerns that you or a member of your family have been exposed to or become infected with novel coronavirus you should remain at home and phone NHS111.

**Please do NOT attend the GP Practice** and do NOT attend the hospital Emergency Department unless you are seriously ill.

All travelers who develop symptoms, however mild, within 14 days of returning from mainland China, Thailand, Japan, Republic of Korea, Hong Kong, Taiwan, Singapore, Malaysia or Macau should self-isolate at home immediately and call NHS 111.

It's already recommended that travelers from Wuhan and Hubei Province should self-isolate for 14 days, even if they do not have symptoms, due to the increased risk from these areas.

Please see our website news section for the latest updates and for specific information from the Coventry and Warwickshire CCG

## Staff News

### Dr David Havard has finished his placement

Our registrar, Dr Havard has now finished his placement with us. He has been an excellent member of the team and will be missed by patients and staff.

### New GP+ Hub Reception Staff

We are pleased to announce that Sian, Charlotte and Gemma have joined our GP hub reception team.

## Flu Vaccines

There is still a chance for you to have your flu vaccine for this year.

Don't miss out and book your jab today!

## The GP+ Service for Evening and Weekend Appointments

Patients are able to pre-book weekend and evening face-face or telephone appointments at GP+ hubs in **Southam, Leamington, Kenilworth, Wellesbourne, Stratford and Alcester**

Appointments are booked at our Reception and run from:

- 6pm-9pm (weekdays)
- 9am-12pm (weekend)

Please note, appointments for children are not always available at the weekends.

Call 01926 695949 on Fridays (18:00-20:00), Saturdays and Sundays (9:00-12:00) to book or cancel your appointment when our usual Reception is closed.

## Group Consultations

Southam Surgery is currently piloting a scheme where patients have group consultations to help manage their chronic health conditions.

Group consultations are delivered by a clinician to a group of patients with similar health issues in a supportive group setting. They replace routine one to one appointments and have been shown to improve patient experience and clinical outcomes, as well as reducing hospital admissions and A&E attendance.

If you are interested in attending a group consultation session please ask at Reception. These are currently only running for our diabetic patients

## Update to Blood Pressure Readings

Recently, the blood pressure targets have changed and we are now aiming for patients to have a blood pressure of less than 140/90mmHg (unless you have a history of specific conditions such as diabetes when the target may be lower still). The aim of this is to improve patients' overall health as a lower blood pressure has been shown to be more beneficial with regards to this.

For some patients, this may mean we have to ask you to do further home blood pressure readings or have to ask you to attend the surgery to adjust your existing medication. This will either be with a doctor or our clinical pharmacist, Hitesh Tara.

## Blood Test Appointments

We now have a small number of blood test appointments available to book on-line.

You can book these appointments yourself, rather than going through Reception, but it is important to remember that you must have a blood test form at the time that you attend your appointment. This is essential for patient safety.

If you do not have a form with you or have not previously handed in a form at Reception in readiness for your test, you may be turned away without having the blood test performed.

## Update Your Details

Please make sure we have your correct details including your telephone number.

If you have a mobile you can sign up to receive text reminders or cancel appointments by text.

## Useful Telephone Numbers

### Southam Surgery Prescriptions

01926 811150

### Southam Surgery Fax Number

01928 818729

### Out of Hours NHS 111

111

### Ambulance Transport

01926 310312

### Southam Volunteer Transport

01926 817525

### Warwick Hospital

01926 495321

### UHCW Hospital

02476 964000

### Southam Clinic

01926 815045

### Southam Pharmacy

01926 812287