



Warwickshire East Primary Care Network



Dear Patients,

We would like to introduce ourselves. We are Elicia Sidhu, Jo Hamilton, Rita Church and Fraser Hamilton. We are the Social Link and Care Co-coordinating team members for Warwickshire east PCN.

As we all know, the past year has been challenging for many, as a team we are excited to be able to run a patient led gardening group at Southam Surgery – Stowe drive.

With summer approaching we are hoping to run a gardening group once a week, aimed at individuals of all abilities. The garden area has been kindly offered up by Stowe Drive Practice for all patients within the Primary Care Network to be involved. This project offers exciting and rewarding activities with the hope to have designated areas such as a sensory garden, planting flower beds, possibility of veg patches, we feel that this enables individuals to work alongside each other doing something they all have a passion with.

Due to the uncertainty of COVID restrictions, we will provisionally be keeping the groups at 6 individuals at a time, with the hope we could expand this in time, if restrictions do change. We are now taking names of individuals who are interested. We are appealing for donations for gardening equipment to start up the project, any donations would be gratefully received.

If you are interested please don't hesitate to email us on we.connect@nhs.net otherwise please do speak with the surgery, who in turn will contact us directly.

Best Wishes, Elicia, Jo, Rita and Fraser